

Care Options Inclusion Criteria

Univera Healthcare applies the following clinical indicators to determine whether a patient with one of the listed diagnoses may be considered for the Care Options Program. Univera Healthcare selected these diagnoses for the program because they may be managed appropriately in a home care or Skilled Nursing Facility setting. The patient’s referring or treating physician makes the final decision.

Back Pain	Cellulitis	COPD	Deep Vein Thrombosis
<ul style="list-style-type: none"> ▪ Phone accessibility ▪ Reliable caregiver ▪ Pain that responded to at least 2 doses of parenteral analgesic given over the last 4 – 6 hours in an emergency room ▪ No neurological deficits ▪ Ability to perform ADL ▪ Ability to understand and perform proper body mechanics and basic back exercises ▪ Pain unrelated to other disease entities 	<ul style="list-style-type: none"> ▪ Absolute neutrophil count >500/cu mm ▪ Unrelated to human or animal bite to face/hand ▪ Progression despite outpatient treatment ▪ Skin involvement <50% of limb/torso <10% of BSA ▪ Temperature <102 ▪ Surgical/wound infection unrelated to fistula/dehiscence 	<ul style="list-style-type: none"> ▪ Asthma/wheezing resolved and PEF >70%/return to baseline ▪ O2 Sat >91%, Arterial Po2 <60 ▪ Respiratory rate 10-20 min ▪ Dyspnea relieved ▪ Heart Rate 50-100/min ▪ Neurologically stable ▪ PO Fluids tolerated ▪ Systolic BP >100 and no postural changes ▪ Patient/caregiver able to learn care 	<ul style="list-style-type: none"> ▪ Clinical stability ▪ Phone accessibility ▪ Reliable caregiver ▪ Diagnosis of uncomplicated or proximal or distal DVT ▪ No PE or history of PE ▪ Not at high risk for falls ▪ No prior DVT history ▪ No history of active bleeding or high risk of bleeding
Dehydration/Gastroenteritis	Diabetes	Electrolyte Imbalance	Fracture, Nondisplaced
<ul style="list-style-type: none"> ▪ Na <150 ▪ K >3 ▪ Urine specific gravity <1.030 ▪ Systolic BP >90 ▪ BUN <35 and creatinine <3.0 ▪ Postural systolic BP drop <30 ▪ Heart rate <100 ▪ Clinically stable ▪ Home environment safe ▪ Patient/caregiver able to manage care 	<ul style="list-style-type: none"> ▪ BS 70-250 ▪ Neurologically stable in the last 24 hours ▪ All lab values should be within acceptable ranges ▪ Insulin can be given SC ▪ Adjustments to the insulin dosage would be required once in every 24 hours ▪ BS would require checking twice in 24 hours ▪ Lab value assessment necessary once in 24 hours ▪ Home environment is safe and accessible ▪ Patient/Caregiver able to learn how to provide necessary care 	<ul style="list-style-type: none"> ▪ Stable vital signs ▪ Neurological signs stable in the last 24 hours ▪ All lab values within acceptable ranges ▪ Home environment safe and accessible ▪ Patient/caregiver able to recognize signs, symptoms that would require PCP notification 	<ul style="list-style-type: none"> ▪ Stable closed fracture ▪ Pain controlled/manageable ▪ Hemodynamic and neurologic stability ▪ Ability to utilize crutches/assistive devices ▪ Phone accessibility ▪ Patient/caregiver demonstrates ability to manage care ▪ Home environment safe

(continued)

Care Options Inclusion Criteria

Hyperemesis	Pneumonia, Uncomplicated	Pyelonephritis	Renal Colic/Stones
<ul style="list-style-type: none"> ▪ Temperature <102 ▪ No abdominal pain or preterm labor ▪ Na <150/K >3 ▪ Urine specific gravity <1.030 ▪ Systolic BP >90 ▪ Responsive to OP hydration ▪ No ruptured or leaking membranes ▪ Postural systolic BP drop <30 ▪ Home environment safe ▪ Patient/Caregiver able to manage care 	<ul style="list-style-type: none"> ▪ Systolic BP >90 ▪ Heart rate <120/min ▪ Oxygen sat >91% ▪ Temperature <100.4 ▪ WBC <1500 ▪ Pulmonary infiltrates <2 lobes ▪ Age <75 years ▪ Clinically stable ▪ Pain controlled/manageable ▪ Home environment safe ▪ Patient/caregiver able to manage care 	<ul style="list-style-type: none"> ▪ Systolic BP >90 ▪ No anorexia or active vomiting ▪ Temperature <100.4 ▪ Neutrophils >1500 ▪ Passing urine ▪ Clinically stable ▪ Pain controlled/manageable ▪ Home environment safe ▪ Patient/Caregiver able to manage care 	<ul style="list-style-type: none"> ▪ Phone accessibility ▪ Home hydration and home pain management possible ▪ Self-directed and/or caregiver support ▪ Lab values within acceptable range ▪ IVP confirms stone ▪ Home environment safe and accessible
<p>Urinary Tract Infection</p> <ul style="list-style-type: none"> ▪ Hemodynamic and neurologic stability ▪ Passing urine ▪ Treatment regimen established ▪ Fever resolving ▪ Home environment safe and accessible ▪ Patient/caregiver demonstrates ability to manage care <p style="text-align: right;"><i>(end)</i></p>			