



Phone: (716) 887-8734  
FAX: (716) 887-7913



Phone: (800) 247-1441  
FAX: (866) 815-7223



Phone: (716) 635-3523  
FAX: (716) 631-3966



Phone: (800) 509-5290  
FAX: (716) 614-5760

## WESTERN NEW YORK COLLABORATIVE PRENATAL MANAGEMENT GUIDELINE

Event	Preconception visit	Initial visit	Subsequent visits 0-28 weeks (visits should occur every 4 weeks)	29-36 weeks (visits should occur every 2-3 weeks)	37 + weeks (visits should occur weekly)	Post Partum visits (3-8 weeks after delivery)
<b>History and Physical</b>	Risk profile Ht/Wt (BMI) Blood pressure Breast exam Pelvic exam Family/OB Hx Psycho/Social Hx	Risk profile Ht /Wt (BMI) Blood Pressure Pelvic exam Breast exam Family/OB Hx Assess lead exposure Oral Health Estimated date of delivery Psycho/Social Hx	Risk Profile Weight Blood Pressure Fundal height Fetal heart rate/tones	Risk Profile Weight Blood Pressure Fundal height Fetal heart rate/tones	Risk Profile Weight Blood pressure Fundal height Fetal heart rate/tones Confirm fetal position/presentation Check cervix	Uterine involution Delivery History Weight Blood Pressure Pelvic exam Breast exam
<b>Diagnostic Procedures</b>	Pap smear  <b>Screening for:</b> Rubella Varicella PPD Hepatitis TSH	Pap smear U/A; C & S GC/Chlam <b>Screening for:</b> Rubella Varicella Hepatitis B RPR/VDRL HIV testing HCT/HGB ABO/D(Rh)/Ab TSH	<b>As Indicated:</b> Sickle cell Hgb Electroph. Genetic screening Lead screening PPD	Urine dipstick Sonogram (16-20 weeks) GST (16-28 weeks; earlier as indicated) HCT/HGB MSAFP 1 <sup>st</sup> trimester screen (11-13 weeks)  <b>As Indicated:</b> D (Rh) antibody screen Amnio GTT Genetic testing	Urine dipstick GBS  <b>As Indicated:</b> HCT/HGB VDRL GC/Chlam Ultrasound Repeat HIV testing (34-36 weeks and/or at least 3 months after initial negative testing)	<b>As Indicated:</b> Pap smear Hct/Hgb
<b>Counseling and Education</b>	Nutrition & Wt Exercise Folic Acid Sexual practices Medication record Menstrual hx Smoking cessation <b>Behavioral Health Issues</b> (substance abuse, mental health, domestic violence) Depression Assessment: PHQ-2 / PHQ-9	Nutrition & Wt Exercise Lifestyle Warning signs Fetal growth & development Physiology of pregnancy Risk factors Smoking cessation Body mechanics Oral Health Prevent/eliminate lead exposure Seat belt use <b>Behavioral Health Issues</b> Depression Assessment: PHQ-2 / PHQ-9	Quickening Exercise Lifestyle Warning signs Fetal growth & development Physiology of pregnancy PTL S/S Childbirth Classes Family issues Travel Breast/Bottle feeding HIV post test counseling <b>Behavioral Health Issues</b> Depression Assessment: PHQ-2/PHQ-9 <b>As Indicated:</b> Rhogam Genetic counseling	Fetal kick counts Exercise Work hazards Warning signs Fetal growth & development Physiology of pregnancy PTL S/S Pre-registration Sexuality Breast/bottle feeding Birthing options Parenting Episiotomy Labor & Delivery issues Selecting pediatrician <b>Behavioral Health Issues</b> (as indicated)	Fetal kick counts Late pregnancy symptoms S/S labor Post term counseling Review Postpartum follow up Postpartum vaccinations Infant CPR Labor and delivery update Anesthesia/Analgesia Newborn Screening Program VBAC counseling Newborn car seat Circumcision FMLA/Disability forms <b>Behavioral Health Issues</b> Post Partum Depression - PHQ-2 / PHQ-9 or **EPDS	Feeding methods Diet & exercise Smoking cessation Parenting Lead Prevention  <b>Behavioral Health Issues</b> (substance abuse, mental health, domestic violence) Post Partum Depression Edinburgh Postnatal Depression Scale (EPDS)  Confirmation of coordination with Pediatrician
<b>Immunization &amp; Chemoprophylaxis</b>	<b>As Indicated:</b> Td booster Nutritional supplements MMR Varicella Hep B Influenza	<b>As Indicated:</b> Td booster Nutritional supplements	<b>As Indicated:</b> Rhogam (28 weeks) Influenza (2 <sup>nd</sup> or 3 <sup>rd</sup> trimester during flu season)			<b>As Indicated:</b> Immunizations
<b>Referral &amp; Resources</b>	<b>As indicated:</b> Presumptive Eligibility, Local Department of Social Services, WIC Specialty Care; Mental Health, Substance Abuse, Nutrition, Dental Home Care, Case Management, Parenting Support			<b>References:</b> <ul style="list-style-type: none"> <li>• New York State Medicaid Prenatal Care Standards: February 2010</li> <li>• American College of Obstetricians and Gynecologist (ACOG) 6<sup>th</sup> Edition 2007</li> </ul>		