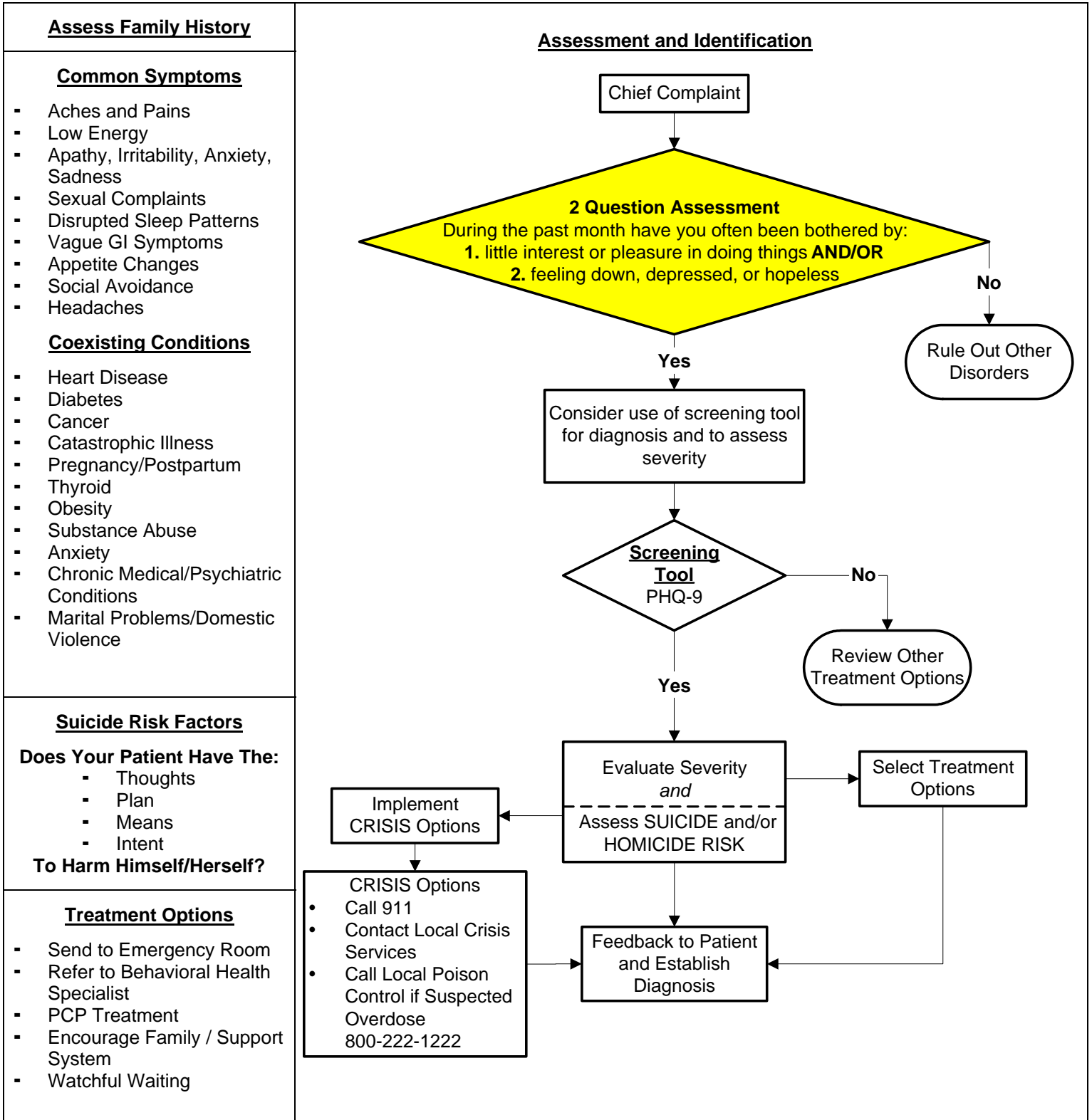
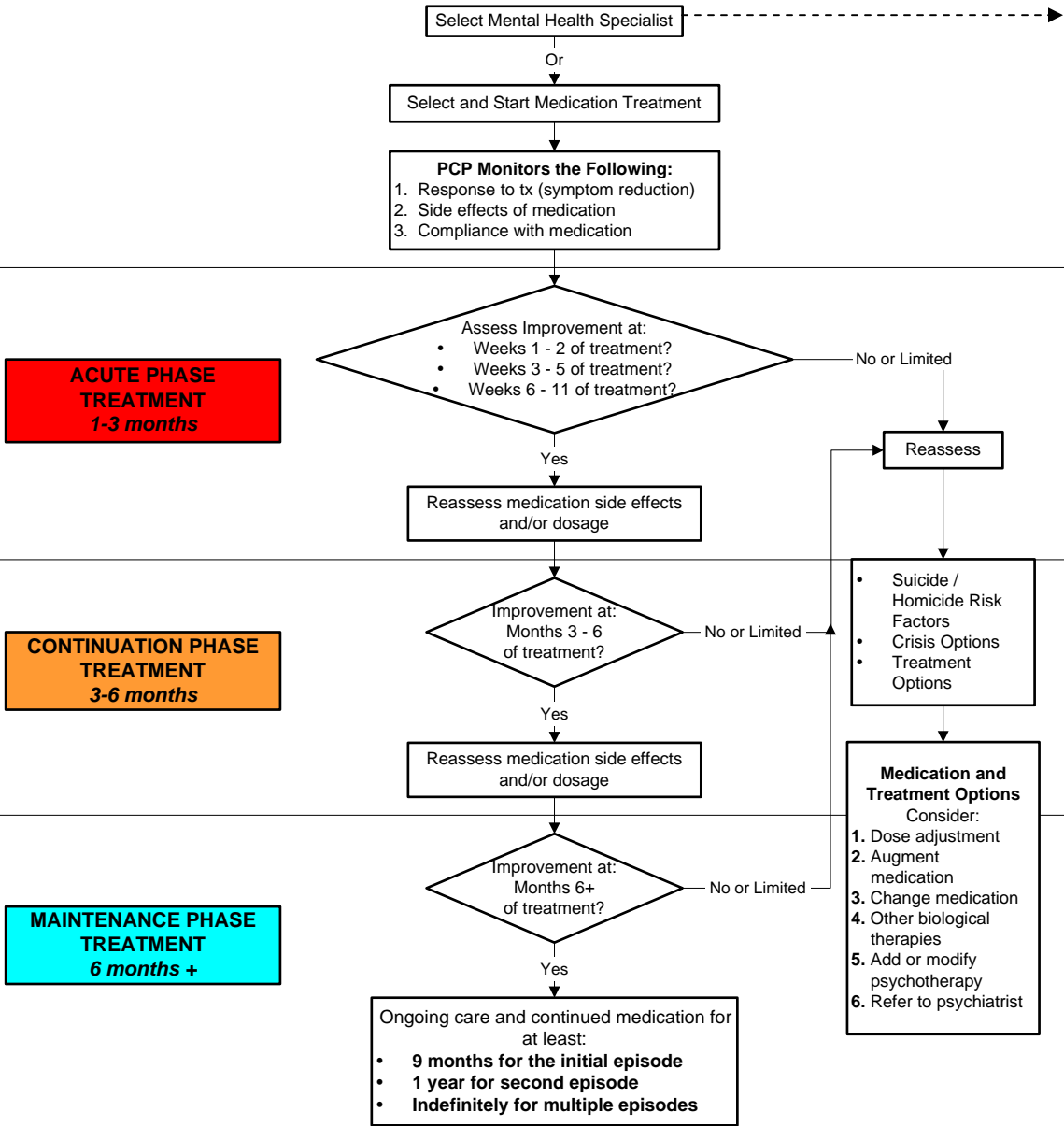




Western New York Collaborative: Identification and Management of Adult Depression in Primary Care



Treatment of Depression



When to Refer to a Mental Health Specialist

- Active Suicide Potential
- Psychotic Symptoms
- Lack of Response to Treatment
- Need for Psychotherapy/ Counseling
- Substance Abuse
- Poor Adherence/ Compliance
- Diagnostic Consultation (Treatment/ Medication Management)
- Need for Hospitalization or Electroconvulsive Therapy (ECT)
- Recurrent or Chronic Depression
- Patient or Family Request
- Cultural Considerations

Behavioral Health Departments

BlueCross BlueShield
(877) 837-0814
www.bcbswny.com

Fidelis Care New York
(888) 343-3547
www.fideliscare.com

Independent Health
(716) 631-3425 or
1-800-711-6202
www.independenthealth.com

Univera Healthcare
(716) 656-1344 or
1-800-330-9314
www.univerahealthcare.com

Resource Materials

1. American Psychiatric Association Clinical Resources, April 2000, Practice Guideline for the Treatment of Patients with Major Depression, 2nd Edition, Washington, D.C.
2. American Psychiatric Association, Clinical Resources, September 2005, Guideline Watch: Practice Guideline for the Treatment of Patients with Major Depressive Disorder, 2nd Edition.
3. Texas Implementation of Medication Algorithms (TIMA) Guidelines for Treatment Major Depressive Disorder, TIMA Physician Procedural Manual, revised 9/2000, last edited 12/2000.
4. The MacArthur Initiative on Depression in Primary Care at Dartmouth & Duke, Depression Management Tool Kit, © 2003 Trustees of Dartmouth College, Created by and for The John D. & Catherine T. MacArthur Foundation's Initiative on Depression & Primary Care.